

# **1996** Dr. Becky Bailey and Kate O'Neil co-founded Conscious Discipline (Loving Guidance)



Headquartered in the heart of OVIEDO in Central Florida



#### **COMPANY MAKEUP**

46% Profession	nal Development	54%
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**4%** Product Development

#### AUDIENCE MAKEUP

23%

56% Educators





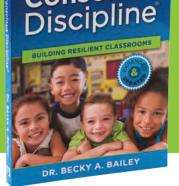
## Evidence-based Social and Emotional **LEARNING**

The methodology of Conscious Discipline is based in scientific and developmental research. It is recognized by SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP).

Conscious Discipline creates a compassionate culture and facilitates an intentional shift in adults' understanding of behavior via the Conscious Discipline Brain State Model. It then provides specific brain-friendly, research-backed strategies for responding to each child's individual needs with wisdom. This highly effective approach is proven to increase self-regulation, sense of safety, connection, empathy and intrinsic motivation in both children and adults.

# 850,000+

Copies of Dr. Bailey's flagship book, *Conscious Discipline*, are in circulation.



Conscious

### **Conscious Discipline Core**

The Safe Place<sup>™</sup> Self-Regulation Center

Creating the School Family™

Feeling Buddies®

Shubert & Sophie™

I Love You Rituals™

## Creators of over



## TRANSFORMATIONAL

Social-Emotional Learning and Classroom Management Resources

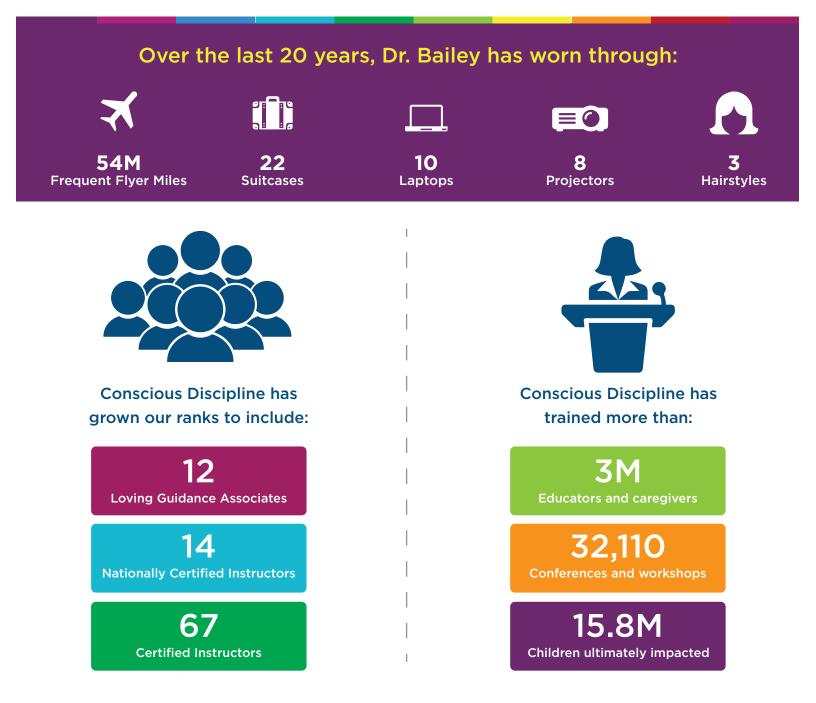


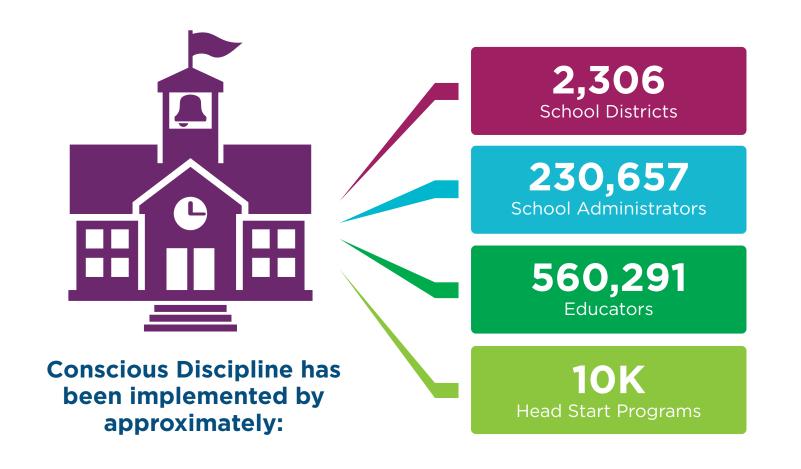
Baby Doll Circle Time™



## Conscious Discipline is practiced in **36 Countries**

Conscious Discipline's resources have been translated into **22 Languages** 





Our nonprofit organization, **Conscious Discipline Cares**, has equipped many educators, caregivers and communities along the way, including:



ConsciousDiscipline.com