

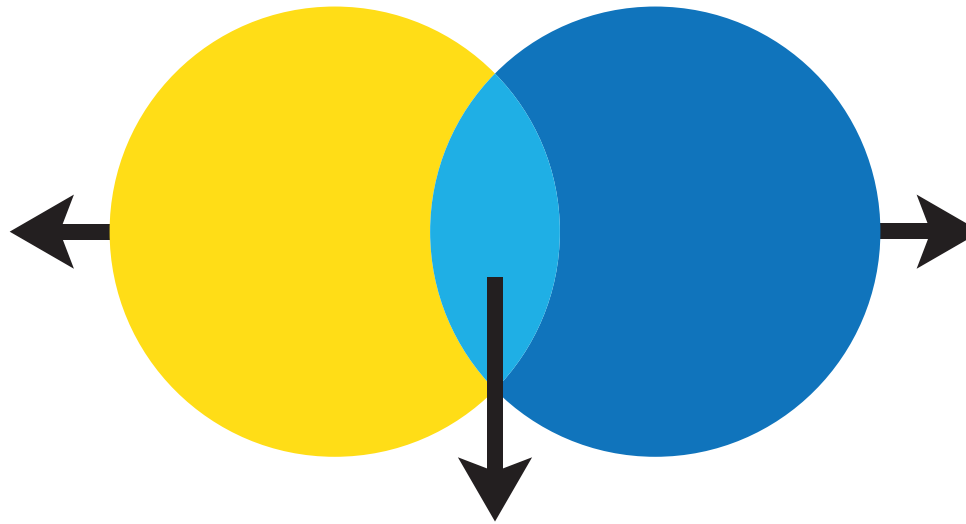
# How Does Conscious Discipline® Compare to Other Programs?

## Other Programs = External Control Focus

- Other control
- Competitive culture, classrooms and systems
- Unlimited power in the hands of one or in the hands of few
- Compliance
- Lower brain functioning
- Make-me and please-me language
- External reinforcements  
What do I get from this?
- Creates co-dependency

## Conscious Discipline = Self-Regulation Focus

- Self-control
- Compassionate culture
- School Family™
- Self govern
- Shared power
- Wisdom
- Higher brain functioning
- Internal motivation
- Helpful
- Being of service to others
- Creates interdependency



## What We Have in Common

- Consistent
- Predictable
- Clear expectations of behavior
- Schoolwide routines

