



Creating a School Family™ Culture with Your Staff

For Administrators

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ConsciousDiscipline

Implementation Begins with YOU

Ask yourself: *Have I ...*

- Created a personal Safe Place™?
- Identified my “buttons/triggers”? Say “*I am safe, I can handle this. Keep breathing.*”
- Let go of judging and implemented a personal Wish Well ritual (at home and/or work)?
- Started a Brain Smart® Start daily (unite, disengage stress, connect, commit)?
- Used “safety” language, for example: “*My job is to keep you safe*”?
- Created a School Family™ (theme, name, motto)?
- Viewed behaviors as a call for help (even staff)?
- Assertively told others what to do?



Who is your “person”? How will you manage under stress?

Brain Smart® Start for Staff

- What will you do to unite? _____
- Who will lead the movement? _____
- Who will lead disengaging stress? _____
- How will you connect? _____
- How will you commit? _____

Where are visuals needed for staff?

- Restrooms
- Sign in classrooms
- Staff lounge
- Front Office

Where are visuals needed for students?

- Hallways
- Restrooms
- Cafeteria
- Bus areas/Dismissal
- Play ground
- Locker Rooms



When will the procedures for these be taught to staff AND students?



School Assemblies

- Uniting song: _____
- Disengage stress: _____
- Connection song: _____
- Conscious Discipline lessons: _____
- Birthday celebrations: _____
- New student celebrations: _____
- Celebrations shared by students: _____
- Commitment at the end: _____

Creating safety

Building connections

Friends & Family board for staff

- Where will that be? _____
- Who can collect pictures and put them up? _____
- How will you maintain this? _____

How will you recognize kindness for staff?

Staff and school rituals

Celebrating with staff

- How will you celebrate? _____
- What will you celebrate? _____
- How often will you celebrate? _____