**Important Concepts for Parent Interactions**

**EXECUTIVE STATE: Represented by the Prefrontal Lobes**

Parents are asking:
- What can I learn?
- Am I being judged?
- What can I expect?

**Functions:**
- Impulse control/self-control
- Empathy
- Working memory
- Sustained attention
- Planning, prioritization, initiation
- Organization, time management
- Goal persistence
- Online with, “why?”

**Development needed:**
Problem-solving in social settings

**Safe and Connected Learning Environment**

**Structures to Include:**
- Greetings at door and tables
- Safekeeper Ritual
- Brain Smart® Start
- Wish Well Ritual
- Closing Ritual

**Brain Smart Start**
- Unite the group
- Disengage stress by breathing
- Connect through *I Love You Rituals*
- Commit with the Safekeeper Ritual.

**Parent Education:**

- **Call for Help**: Can learn from newsletters, books and videos.
- **Upsetting**: Can learn from modeling of others.
- **Threatening**: Must experience difference A and B for change.
Utilizing Conscious Discipline® during Parent Interactions

What Uniting activities will I include?

What Connection activities will I include?

How will I disengage stress within my parent group?

How will I create a Safekeeper ritual?

What are the needs of the families we serve?

What pieces of the curriculum could be added to my current family engagement practices?

Which structures will I include first, second, etc.?

Can I think of a particular family and specific skills they are needing?

Who will prepare what parts? Who will implement what parts?

Other ideas/thoughts?