



ConsciousDiscipline

Picture This! Visuals that Boost Safety and Connection for Young Children

For Pre-K - Grade 2

Presented by: Polly Beebe, Conscious Discipline Certified Instructor

Implementation Plan: Visual Schedule & Routines

Structure First, Discipline Second

Arrival to School:

1. What do you want arrival to look like, sound like, and feel like?

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2. Where do you experience chaos?

3. Fill in the boxes below with the steps for school arrival routine. Younger children will benefit from fewer steps. Older children may be successful with longer routines (up to 6 steps).

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4. When will you create the visual routine? What materials will you need?

Routines Throughout the Day:

1. What times of day do you need to create routines for?

2. What visuals might be helpful?

3. Fill in the boxes below with the steps for additional routines. Younger children will benefit from fewer steps. Older children may be successful with longer routines (up to 6 steps).

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Routines Throughout the Day *(continued)*

4. When will you create the visual routine? What materials will you need?

5. How will you create a “looks like/sounds like” chart for different times of day?

6. How will you create individual routines/schedules as needed?

Restroom Routine:

1. What is posted in the restroom to communicate the expected behavior in the restrooms?

2. What do children do while waiting for their turn to use the restroom?

3. Fill in the boxes below with the steps for restroom routines. Younger children will benefit from fewer steps. Older children may be successful with longer routines (up to 6 steps).

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4. When will you create the visual routine? What materials will you need?

Visual Rules with 2 Positive Choices:

1. How will you create visual rules with 2 positive choices?

2. Where will you post these rules?

3. How will you create visual rules for different times of day? (Example: hallway, playground, lunch, etc.)



Implementation Plan: Ways to Be Helpful Board/Book

1. Where and how will I display the pictures? (Example: bulletin board, shelves, book, etc.)

2. What behaviors do I want to highlight on the board/book? (Example: helping at clean-up time, resting quietly at nap-time, listening to a friend, or waiting for a turn, etc.)

3. How will I introduce the Ways to Be Helpful Board/Book?



4. How will I share this information with families?





Implementation Plan: Friends & Family Board

GOAL: Supports Safety AND Connection!



- This structure represents one of our highest goals as educators to support and strengthen children and families.
- Includes photos of all the people who love, support and keep students safe.
- Seeing familiar faces contributes to a child's felt sense of safety.
- Your board will grow with you and your students throughout the year.

1. Where and how will I display the pictures? (Example: bulletin board, shelves, book, etc.)

2. How will I ensure a picture of each child's family is on the board, including my family? (Example: take pictures at Back-to-School Night, drop-off or pick-up)

3. Who else in our school or program goes on our Friends & Family Board? (Example: principal, assistant principals, janitors, specialists, part-time teachers, etc.)

4. How will I introduce the Friends & Family Board?

5. How will I share this information with families?
