



ConsciousDiscipline

Weaving Rituals Throughout the Fabric of the Day

For Grades 3-5

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Implementation Plan: Greetings, Safe Keeping, Wish Well, I Love You Rituals, and Good-Bye Rituals

WEEK 1

Greetings: High five, fist bump or hug - you will be the greeter so choose 3 that you are familiar/comfortable with.

Safekeeper: Introduce yourself as the Safekeeper "It's my job to keep you safe and your job to help keep it safe". Take a picture of each child to make safekeeping cards (or use popsicle sticks, objects, etc.) Begin daily class commitments that revolve around safety. Teach how to be a S.T.A.R. Class made anchor chart "What safe looks like, feels like, and sounds like".

Wish Well: Introduce wish well - how and why we do it. Teach wish well song. Wish well absent friends.

I Love You Rituals: Begin using songs throughout the day that involve eye contact, touch, presence and play, examples include "My School Family", "Get Ready", "Greetings".

Goodbye Rituals: Teach afternoon job responsibilities. Examples include: Safe Place™ (straightens up Safe Place for next day), Kindness Keeper (hands out any kindness notes that were written), Sweeper (sweeps up the floor), Encourager (calls up any celebrations from the day). The rest of the class is responsible for their own area - take a picture of what a clean/organized desk should look like. Stand at door and give a high five or hug and say good-bye to each student.

WEEK 2

Greetings: High five, butterfly, pinky hug - you will be greeter along with the classroom greeter for the week.

Safekeeper: Continue with safekeeper job description and begin using students' pictures with Safekeeper box. Hold up each child's card, look them in the eyes and tell them that you are going to keep them safe and place them into the box. Children who are absent are put to the side to be put on the wish well board. Create a class chant that relates to School Family and safety. Continue creating daily class commitments. Class book *What Helps Me Feel Safe at School*.

Wish Well: Continue wishing well each morning for friends that are absent. Teach the welcome back chant. Assign both of these rituals as a weekly job.

I Love You Rituals: Continue songs as above adding in "Watch Me Listen", "Itsy Ditsy Spider", "Team of Two".

Goodbye Rituals: Same as above but play "Hey, Hey, Hey, Goodbye" song while they all clean up the classroom. Have goodbye friend join you at the door to say goodbye to each student.

WEEK 3

Greetings: Offer choices from weeks prior, adding one that the greeter for this week has made up. When a child creates a greeting, take a picture of them doing the greeting and have them write the name of the greeting and a description so other students can offer that choice in the future if they choose.

Safekeeper: Introduce the safekeeper job to the weekly job chart. A student will now pick up the cards, look their peers in the eyes and tell them that we all will keep us safe. Say chant daily. Have a student begin doing the class commitment job by creating a daily commitment and helping the class read it together. Class book *How to be Safe on the Playground*. Introduce the Oops Heart - we all make mistakes and they are simply opportunities to learn.

Wish Well: Continue from above and add in wishing others well who might not be in our School Family. Have the wish well helper pick 3 classmates who would like to wish someone well each day. Begin having the absent classmate helper write notes to classmates who are absent.

I Love You Rituals: Introduce *I Love You Rituals* (Brain Poems) - "Twinkle, Twinkle", "I Wish You Well".

Goodbye Rituals: Same as above but add in a class made goodbye chant or movement once all of the afternoon jobs have been completed.



Implementation Plan: Greetings, Safe Keeping, Wish Well, I Love You Rituals, and Good-Bye Rituals (continued)

WEEK 4

Greetings: Greeter for the week chooses/makes up 3 choices - add their choices to the class Greetings book.

Safekeeper: Continue having a new child each week perform the safekeeper job and lead the chant daily with the daily class commitment. Class book *How to be Safe in the Cafeteria*. Add in afternoon check-in, did you do the daily commitment or did you Oops?

Wish Well: Continue wishing well daily during Brain Smart Start and allowing 3 students to share others they would like to wish well. Add in wishing well in the classroom when someone is feeling upset, frustrated, sad, mad, etc.

I Love You Rituals: Continue with Brain Poems from above and add in “Peter Peter Pumpkin Eater”, “I Like to be With You”, “Georgie Porgie”.

Good-Bye Rituals: Continue from above adding in different goodbye options such as “See you later alligator” or “See you soon raccoon”.

WEEK 5

Greetings: Greeter for the week chooses/makes up 3 choices - add their choices to the class Greetings book.

Safekeeper: Same as previous weeks. Class book *I Can Help Others Feel Safe By...*

Wish Well: Continue wishing well daily during Brain Smart Start and allowing 3 students to share others they would like to wish well. Add in wishing well in the classroom when someone is feeling upset, frustrated, sad, mad, etc.

I Love You Rituals: Put all Brain Poems in Rock-n-Roll Cube and introduce this as a job. Student rolls cube and class does Brain Poem that comes up.

Good-Bye Rituals: Continue from above adding in different goodbye options such as “See you later alligator” or “See you soon raccoon”.

WEEK 6

Greetings: Greeter for the week chooses/makes up 3 choices - add their choices to the class Greetings book.

Safekeeper: Continue having a new child each week perform the safekeeper job and lead the chant daily with the daily class commitment. Class book *How to be Safe in the Cafeteria*. Add in afternoon check-in, did you do the daily commitment or did you Oops?

Wish Well: Continue wishing well daily during Brain Smart Start and allowing 3 students to share others they would like to wish well. Add in wishing well in the classroom when someone is feeling upset, frustrated, sad, mad, etc.

I Love You Rituals: Continue from above and possibly have students make up their own movements to the Brain Poem that is chosen.

Goodbye Rituals: Continue from above adding in different goodbye options such as “See you later alligator” or “See you soon raccoon”.