



What Does Social Distancing Look Like?

Young children's brains encode information in pictures, so visual representations of complex concepts are helpful. This resource gives you a visual aid to help children understand social distancing for the safety of themselves and those around them.

Right now, your family is likely spending most of your time at home. However, you may encounter other people on trips to the grocery store or walks around the neighborhood. In these situations, young children may have difficulty understanding why they need to stay six feet apart from others. And exactly how far *is* six feet?

This resource is designed as a simple way to show children what social distancing should look like. The better children understand, the more you and your family can contribute to keeping yourselves and the community healthy and safe. If you need support in explaining to your child why social distancing is important, our social story [Coronavirus Is a Big Word](#) is an excellent starting point.

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