

What Would Mrs. Bookbinder Do?



This activity is to be used as an extension to the *Conscious Discipline: Building Resilient Classrooms* book study and compliments the Shubert book series.

Introduction

“What Would Mrs. Bookbinder Do?” is an activity to do at the end of the *Conscious Discipline: Building Resilient Classrooms* book study for early learning professionals to encourage the participants to think like Mrs. Bookbinder. It is to be used as an extension of the Shubert book series.

As the characters in the Shubert books model common classroom problems and the solutions to those problems, Mrs. Bookbinder builds her relationship with her students and models the teacher’s role using all seven skills of Brain Smart® classroom management to guide her students into coming up with solutions and develop social-emotional skills that will last a lifetime.

Directions

At this point in training, the participants are familiar with the Shubert book series and have been exposed to them at least once during the book study and hopefully they have become more familiar with the books by using them with the children. They have also attended a session for each chapter in the book *Conscious Discipline: Building Resilient Classrooms*.

1. Participants divide up into small groups (number depends on amount of participants).
2. Participants discuss some problems they are having in their classrooms.
3. The group will choose one of the problems to solve as a group.
4. They will come up with solutions to their chosen problem, write them on a piece of chart paper and stick it to the wall.
5. As a class we will discuss the solutions to see if they are something Mrs. Bookbinder would do.

