

Songs

Lyrics



In Every One of Us

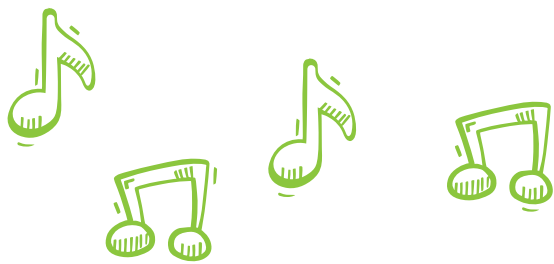
KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

It's in every one of us to be wise
Find your heart. Open up both your eyes.
We can all know everything without ever knowing why.
It's in every one of us, by and by.

(Repeat)

It's in every one of us, by and by.



Conscious Discipline®



Looking For Kindness

KINDNESS COUNTS

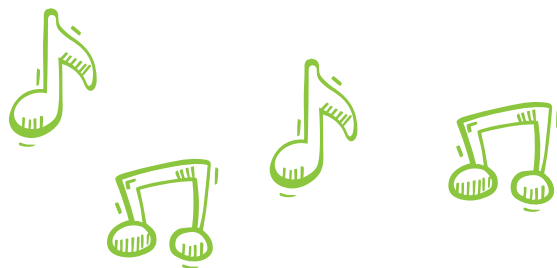
Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Looking for kindness what do I need?
Big old goggles to help me see
Gigunda ears to help me hear
A pulsating heart to know what's dear
Looking for kindness - random acts of kindness
Looking for kindness what do I see?
Helping hands from you and me

Gentle touches and holding the door
Pushing in chairs, and cleaning the floor
Looking for kindness, random acts of kindness
Looking for kindness what do I hear?
Encouraging words that are helpful and clear
Pleases and thank yous. Now it's your turn
If you need some help, I can help you learn
Looking for kindness, random acts of kindness.
Looking for kindness straight from the heart



Sharing and caring well they say it's an art
Giving a wink, a hug, a high five
Two thumbs up because love is alive
Looking for kindness, random acts of kindness.
We are looking for kindness, random acts of kindness **(Repeat)**





It's Brainsmart Time

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

It's brainsmart time, Hands to the left
It's brainsmart time, Hands to the right
It's brainsmart time, Hands up high
It's brainsmart time, Hands down low

Follow me

Wave your hands left and right, left and right, left and right
Move your hands up and down, up and down, up and down

It's brainsmart time, Touch elbow to elbow
It's brainsmart time, Touch thumb to thumb
It's brainsmart time, Touch knee to knee
It's brainsmart time, Touch toe to toe

Work together

Touch elbows with a friend
Touch thumbs with a friend
Touch knees with a friend
Touch toes with a friend



It's brainsmart time, Hop on one foot
It's brainsmart time, Hop on the other foot
It's brainsmart time, Jump up and down

It's brainsmart time, Jump all around
It's brainsmart time

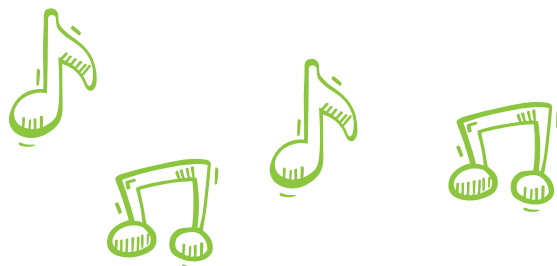
Follow me

Can you hop on one foot?
Can you hop on the other foot?
Can you jump up and down?
Can you jump all around?

It's brainsmart time, Point to your brain
It's brainsmart time, Hands over heart
It's brainsmart time, Hands by your side
It's brainsmart time, Hands way up high
It's brainsmart time, Hands way down low
It's brainsmart time, How low can you go?

It's brainsmart time, Come on, wiggle something!
You did it!

Now everybody sit crisscross, applesauce, Hands in your lap.





Love is a Circle

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Love is a circle that holds us inside
Everyone is included and no one can hide
And even when it seems we are apart
The circle of love is right here in our heart
Remembering you – the pictures we take
Remembering you – the memories we make
Remembering you – we all join hands
Remembering you – together we stand

‘Cause love is a circle that holds us inside
Everyone is included and no one can hide
And even when it seems we are apart
The circle of love is right here in our heart.

Chorus

Remembering you – it’s okay to cry
Remembering you – we say goodbye
Goodbye





Stop In The Name of Love

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Stop in the name of love and take a long deep breath

Think it over

Baby, baby I'm aware of what you do

Each time I feel upset

I watch myself scream and shout it

Knowing that it's best to talk about it

But this time before I blow again

Leaving me alone and hurt

Think it over - gonna be kind to you

Think it over gonna be sweet to you

Stop in the name of love and take a long deep breath

Stop in the name of love and take a long deep breath

Think it over, think it over

I've tried so hard, hard to be patient

Hoping I could stop this aggravation

But each time that we're together

I'm so afraid of losing it forever



Stop in the name of love and take a long deep breath

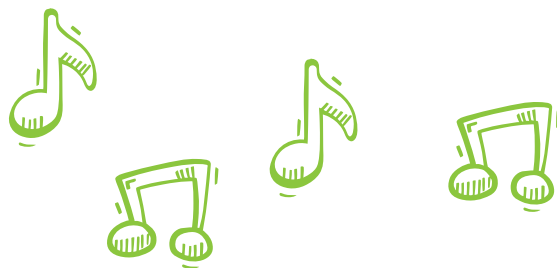
Stop in the name of love and take a long deep breath

Think it over - gonna be kind to you

Think it over - gonna be sweet to you

Think it over - gonna be kind to you

Think it over - gonna be sweet to you



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Turn Back Time

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

When you find yourself in a hurtful situation

There's a way to create a helpful celebration

You can turn back time

Practice new lines

You can learn from mistakes

Change anger to a handshake

We can work it out – there's no need to shout it

We can work it out – we can learn a new way

We can work it out – of what we can do

We can work it out – and what we can say

If you could turn back time – take a deep breath

Turn back time – shake off the anger

Turn back time – roll out the new words

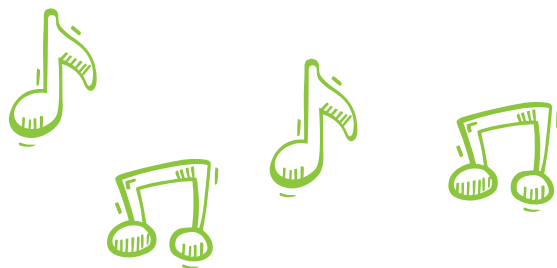
Turn back time – and reach a solution

When you find yourself in a hurtful situation



There's a way to create, a helpful celebration
You can turn back time. Practice new lines.
You can learn from mistakes and a better world you'll make
Just turn back time – take a deep breath
Turn back time – shake off the anger
Turn back time – roll out the new words
Turn back time – and reach a solution

Repeat





BIG Voice

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

When playing turns to pushing
And pushing turns to shoving
There's something that you ought to know
When talking turns to teasing
And teasing isn't pleasing
There's something that you ought to say
Just say, "I don't like it when you push me."
Say, 'Excuse me, move over please.'
"I don't like it when you tease me."
"Respect is what I want to see."

Chorus

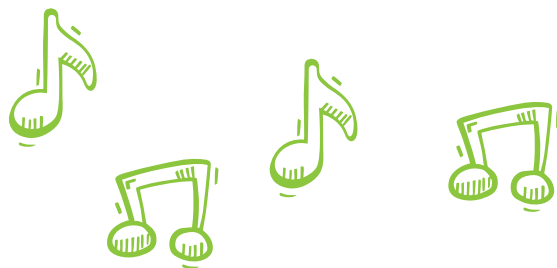
Use your BIG voice – Stand up tall
With your BIG voice – Take a deep breath
Use your BIG voice – Look them in the eye
With your BIG voice – Give it a try



When giving turns to getting
And getting turns to grabbing
There's something that you ought to know

When talking turns to teasing
And teasing isn't pleasing
There's something that you ought to say
Just say, "I don't like it when you grab things"
Say, 'May I have a turn, please?'
"And I don't like it when you tease me."
Respect is what I want to see."

Repeat Chorus 2x



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Safe Keeper

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Welcome to our school family
Guess who I am?
I'm the safe keeper, I am, I am
My job is to keep you safe
Your job is to help me keep it that way
I'm a safe keeper. You can feel safe with me.
I'm a safe keeper. You will feel safe, you'll see
Welcome to our school family
Guess who she is?
She's a safe keeper, She is, she is.
Her job is to keep us safe
Your job is to help her keep it that way
She's a safe keeper.
You can feel safe with her.
She's a safe keeper.
You will feel safe for sure
Get ready: jump up, turn around



Hands down low, wave hello

Jump up, turn around

Hands up high to the sky

Jump up, turn around

Touch your knees, pretty please

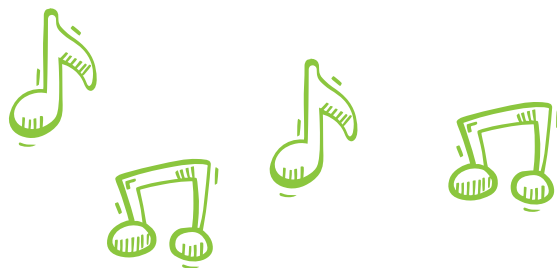
Jump up, turn around

Look we are a family

He's a safe keeper. You can feel safe with him

She's a safe keeper. You can feel safe with her

I'm a safe keeper. You can feel safe with me, just wait you'll see



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Rhyme the Rhyme

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Chorus

Rhyme the rhyme the nursery rhyme
I can make a rhyme every time
Rhyme, rhyme the nursery rhyme
I can make a rhyme every time

Twinkle, twinkle little star
What a wonderful child you are
With bright eyes and nice round cheeks
Talented person from head to feet

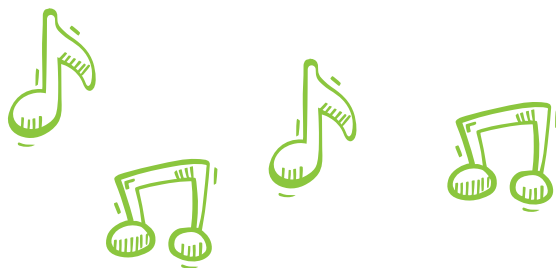
Chorus

Margie, pargie pudding and pie
Gave her friend a big high five
With her friend she loved to play
The gift of a handshake she gave each day



Chorus

Little Miss Muffett, sat on her tuffet
Eating her oatmeal today
Along came a spider and sat down beside her
And said, "Have a good day."





Johnny Works with Hammers

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Johnny works with one hammer,
one hammer, one hammer

Johnny works with one hammer
And then he works with two

Johnny works with two hammers,
two hammers, two hammers

Johnny works with two hammers
And then he works with three

Johnny works with three hammers,
three hammers, three hammers

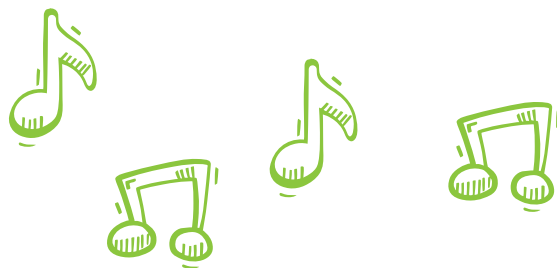
Johnny works with three hammers
And then he works with four

Johnny works with four hammers,
four hammers, four hammers

Johnny works with four hammers



And then he works with five
Are you ready for five?
Johnny works with five hammers,
five hammers, five hammers
Johnny works with five hammers
And then he goes to bed cause he's really tired.
Goodnight Johnny - come on Johnny, go to bed





We All Count

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

I count, you count, we all count. Can you rock it?
I count, you count, we all count. Can you roll it?
I count, you count, we all count. Can you reach it?
I count, you count, we all count. Can you teach it?

Chorus

We all count in so many ways
Doin' our part each and every day
We need each other every sister and brother
Cause we all count. We all count.

I count, you count, we all count. Can you twist it?
I count, you count, we all count. Can you bend it?
I count, you count, we all count. Can you reach it?
I count, you count, we all count. Can you teach it?

Repeat Chorus



I count, you count, we all count. Can you rock it?

I count, you count, we all count. Can you roll it?

I count, you count, we all count. Can you reach it?

I count, you count, we all count. Can you teach it?

Repeat Chorus

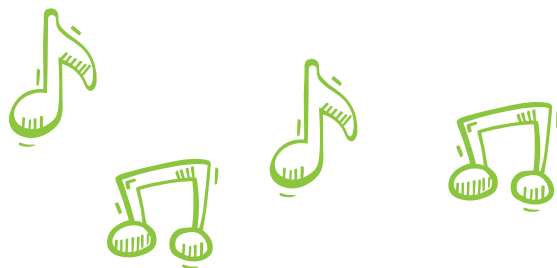
I count, you count, we all count. Can you twist it?

I count, you count, we all count. Can you bend it?

I count, you count, we all count. Can you reach it?

I count, you count, we all count. Can you teach it?

I count, you count, we all count (2x)



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Jobs Matter

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

chorus

My job matters, it helps my mind
It's fun to do and contributes too!
I don't mind and my job matters
I've got a new job cause jobs matter.

In our classroom we work as one
Each person's job must be done
Job descriptions teach you and me
How to be a school family
The material manager hands things out
The attention getter say, "Sshh, don't shout."
The playground helper calls us in
The morning messenger says, "Let's begin."
The book monitor straightens things up
The snack helper gives us a cup
The S.T.A.R. person reminds us to breathe
The goodbye person helps us to leave
(Repeat Chorus with "we")





Encouraging Words

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Chorus:

I've got encouraging words in my mind **(3x)**
And I can share them all with you.

"You can do it!" is what I say **(3x)**
That's what I say to you.

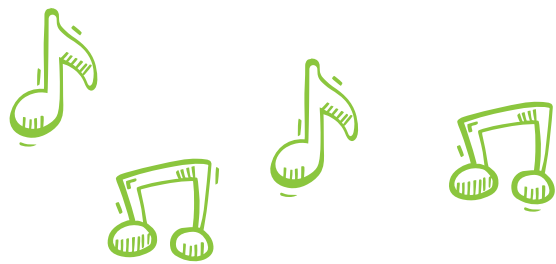
Chorus

"Way to go! You did it!" is what I say **(3x)**
That's what I say to you.

Chorus

"I wish you well!" is what I say. **(3x)**
That's what I say to you.

Chorus



Songs

Lyrics



Who

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Chorus: Who let the manners out? I did!

Who let the kindness out? I did!

Who let the caring out? It must have been you!

Who me?

Yeah you!

So turn around, put your hands in the air

Shake your body, show me you care

Turn around, put your hands in the air

And breathe...like me!

Chorus

So turn around, put your hands on your knees

Shake your body just like me

Turn around, put your hands on your knees

Breathe...like me!



Conscious Discipline®

Chorus

Who let the manners out? I did!

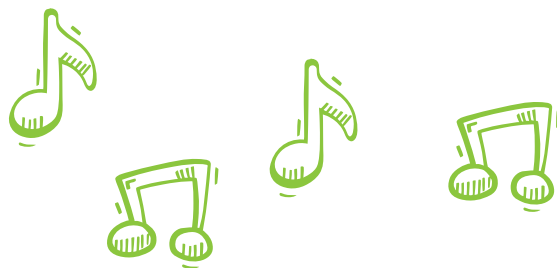
Who let the kindness out? I did!

Who let the caring out?

It must have been you!

Who me?

And you...and you...and you!



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You Can Relax Now

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

Chorus: You can relax now, close your eyes too
Breathe deeply now, I'm watching over you.

My sweet, sweet child, let your dreams begin
Know the love for you will never ever end.

Relax your toes, your toes are safe

Relax your legs, your legs are safe

Relax your fingers, your fingers are safe

Relax your arms, your arms are safe

Chorus

Relax your shoulders, your shoulders are safe

Relax your tummy, your tummy is safe

Relax your eyes, your eyes are safe

Relax your body, your body is safe

My sweet, sweet child, let your dreams begin
Know the love for you will never ever end.



Songs

Lyrics

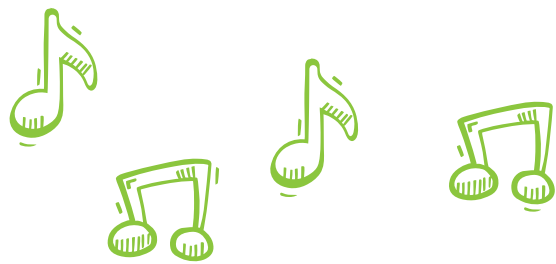


In Every One of Us (Reprise)

KINDNESS COUNTS

Music by: Mr. AL, Lyrics by: Dr. Becky Bailey

It's in every one of us to be wise
Find your heart, open up both your eyes
We can all know everything without ever knowing why
It's in every one of us, by and by.



Conscious Discipline®