



Conscious Discipline[®]

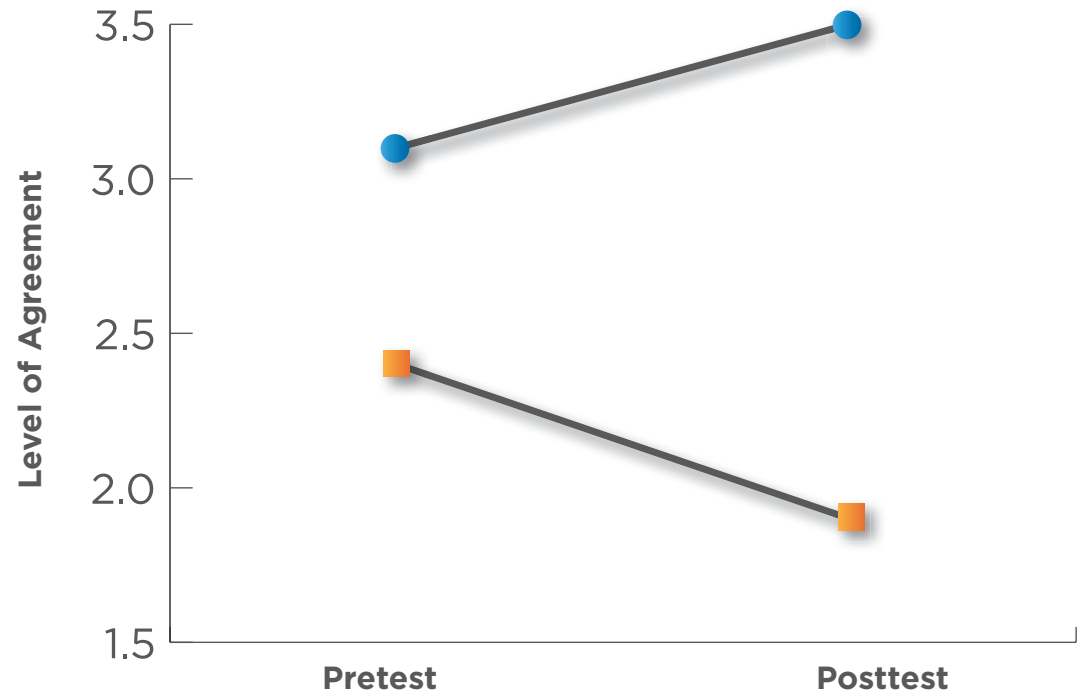
The Impact of Conscious Discipline Training on Adult Perception, Knowledge and Skills

Arkansas State University Pilot Study 2014

Changes in Adult Dispositions

Pretest and Posttest Survey changes in teacher beliefs of student behaviors through Conscious Discipline training. N = 359

* Those that began with a positive disposition continued to increase their positive agreement perspective as their knowledge of Conscious Discipline increased. Those that began with a negative non-Conscious Discipline disposition decreased in their negative disposition (belief) of student behavior.



- Positive Conscious Discipline Concept
- Negative Conscious Discipline Concept

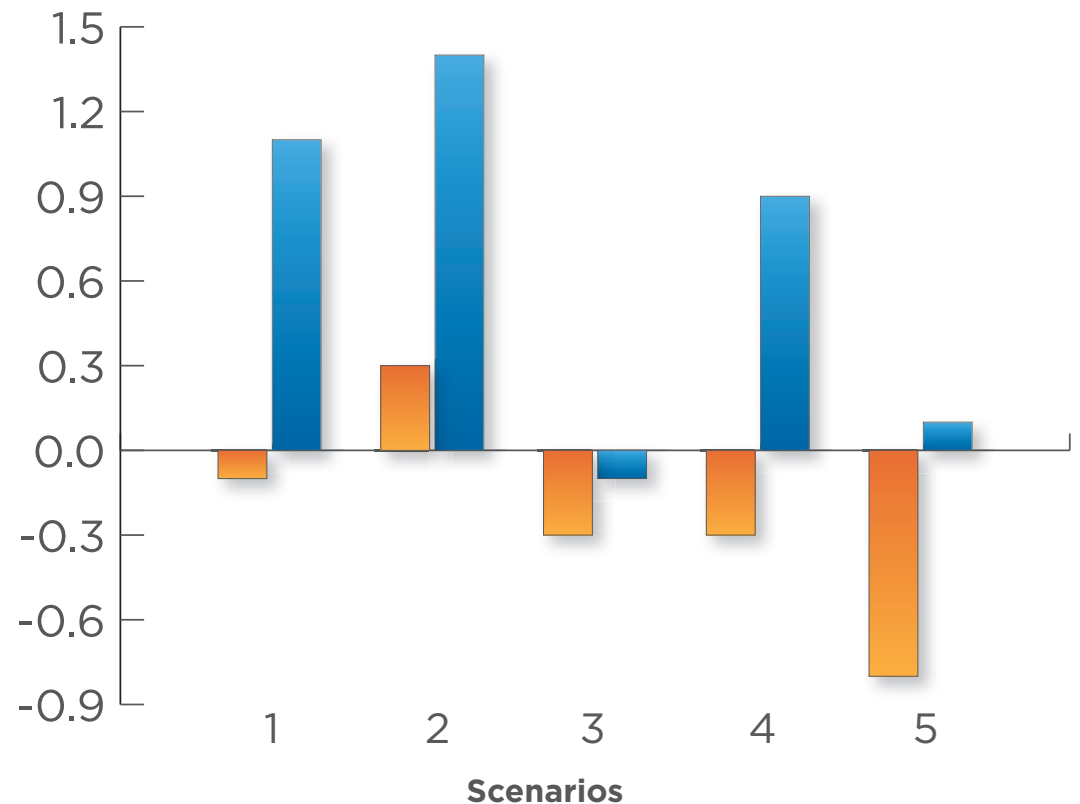
Source: Arkansas State University: Pilot Study 2014
Teachers Disposition (Attitudes) Pre/Post Conscious
Discipline Training.



Changes in Adult Perception and Response to Conflict

Pretest and posttest changes in adult perception and response to conflict presented in classroom scenarios.

* All responses to the scenarios shifted **significantly** in a positive direction for Conscious Discipline intervention post training.



Source: Arkansas State University: Pilot Study 2014 Teachers Disposition (Attitudes) Pre/Post Conscious Discipline Training.

Pre Negative Intervention
Post Positive Intervention

