# Conscious Discipline Logic Model

## **INPUTS**

#### **ADULTS**

Willingness to change perception of misbehavior or conflict

- School Administration
- Teachers / Staff
- Interventionists
- Parents

#### SCHOOL

Shared Leadership and Agency

## CONSCIOUS DISCIPLINE IMPLEMENTATION

- General Curriculum
- Parent Education Curriculum

### **ACTIVITIES**

## SCHOOL ADMIN / TEACHERS / INTERVENTIONISTS

- Conscious Discipline Workshops / Webinars
- Conscious Discipline Training / Institutes
- Book Study and e-Course
- Development of 3-year Implementation Plan
- External Implementation Supports
  - Statement of Commitment
  - Coaching
  - Monitoring
  - Fidelity Checks
  - Ongoing Professional Development
- Toolkits
  (e.g., Feeling Buddies®)
- Internal Implementation Supports
  - Conscious Discipline Action Team (CDAT; 4-5 school / program members)

#### **FAMILIES / HOME**

- Parent Education Training and Coaching
- School Open House
- Parent Nights (7 sessions)
- Home Visits (ongoing)
- Mini Sessions (12 sessions)

### **OUTPUTS**

## SCHOOL ADMIN / TEACHERS / INTERVENTIONISTS

Implementation Fidelity

- Self-Reflection
  - Feedback Forms
  - Are You Ready? Tool
- Individual commitment to practicing foundational skills
  - Feedback Forms
- Use of 7 Skills and Powers in Classroom and School
  - Administrator Self-Evaluation
  - Teacher Progress Rubric
- Rituals, Routines & Structures
  - Administrator Self-Evaluation

### FAMILIES / HOME

Implementation Fidelity

- Self-Reflection
  - Feedback Forms
  - Are You Ready? Tool
- Commitment to practicing foundational skills
  - Feedback Forms
- Use of 7 Skills and Powers at Home
- Rituals, Routines & Structures
  - Parent Implementation Guides

## **OUTCOMES**

#### **ADULTS**

(e.g. School Staff & Families)

- Mindset Shift
- Improved Self-Regulation
- Improved Social-Emotional Skills
- Healthy Relationships, Connections
- Increased Job Satisfaction (staff)

### **CHILDREN**

- Improved Self-Regulation
- Improved Social-Emotional Skills
- Positive Social Interactions
- Improved Problem-Solving, Executive Function

## SCHOOL / FAMILY (School Family™)

- Improved School Climate, Safe Environment
- Healthy Relationships
- Increased Academic Outcomes
- Reduced Absenteeism
- Improved Teacher Retention
- Reduced Behavioral Referrals / Expulsions
- Shared Attitudes, Beliefs & Powers

