

# Conscious Discipline Theory of Change

## School Adopt Conscious Discipline

**Conscious Discipline Training + Coaching**  
 Brain-based Model / 7 Skills and Powers  
 General Curriculum, Feeling Buddies®, Baby Doll Circle Time™, Parent Education Curriculum

Moderators

- ← Willingness To Change
- ← Self-Reflection

<b>Administrators</b>	↔	<b>Teachers &amp; Staff</b>	↔	<b>Parents</b>
<ul style="list-style-type: none"> <li>• Mindset Shift</li> <li>• Self-Regulation</li> </ul>		<ul style="list-style-type: none"> <li>• Resilience Under Stress</li> <li>• Healthy Relationships</li> </ul>		<ul style="list-style-type: none"> <li>• Social-Emotional Skills</li> <li>• Shared Attitudes, Beliefs &amp; Powers</li> </ul>

<b>School &amp; Classroom Climate</b>	<b>Home Climate</b>
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Safe Learning Environment / Connection & Healthy Relationships / Problem Solving to Promote Positive Behaviors

<b>Program Level Outcomes</b> <ul style="list-style-type: none"> <li>• Reduced Staff Absenteeism</li> <li>• Increased Teacher Retention</li> <li>• Reduced Behavioral Referrals/Expulsions</li> <li>• Improved School Climate Ratings</li> </ul>	<b>Child Outcomes</b> <ul style="list-style-type: none"> <li>• Self-Regulation</li> <li>• Social-Emotional Expression</li> <li>• Resilience Under Stress</li> <li>• Positive Social Interaction</li> <li>• Problem Solving, Executive Functions</li> <li>• Increased Attendance &amp; Academic Outcomes</li> </ul>
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